

154 - Pound Class						Bench Press				Clean and Jerk				
	Last name	First Name	School	Grade	Wt.	1	2	3	Best	1	2	3	Best	Total
1	Carter	Leah	Crestview	12	151.9	160	165	165	160	155	160	165	165	325
2	Haldman	Kailey	Navarre	12	147.1	150	160	165	160	140	150	155	155	315
3	Chavez	Juniper	Navarre	10	153.7	150	160	165	165	125	135	140	140	305
4	Faulkner	Courtney	Niceville	10	150.1	125	135	145	135	115	130	140	130	265
5	Rea	Itzel	Ft. Walton Beach	12	144.8	100	105	110	110	120	120	130	120	230
6	Bradley	Dlijah	Niceville	12	143.3	105	110	115	110	105	115	125	115	225

169 - Pound Class						Bench Press				Clean and Jerk				
	Last name	First Name	School	Grade	Wt.	1	2	3	Best	1	2	3	Best	Total
1	McMasters	Julia	Navarre	10	168.9	150	160	165	160	140	140	150	150	310
2	Kendall	Hannah	Navarre	12	166.7	145	150	155	150	125	130	135	135	285
3	Dukes	Hannah	Crestview	10	162.5	130	130	135	130	125	130	135	135	265
4	Spradlin	Katie	Ft. Walton Beach	9	105	110	115	115	115	135	140	145	145	260
5	Duke	Hailey	Ft. Walton Beach	10	168.1	100	105	110	110	105	115	125	115	225
6	Phillips	Cara	Niceville	10	154.4	95	100	105	105	95	105	120	105	210

183 - Pound Class						Bench Press				Clean and Jerk				
	Last name	First Name	School	Grade	Wt.	1	2	3	Best	1	2	3	Best	Total
1	Stapleton	Hanna	Navarre	12	177.8	170	180	185	185	165	175	180	175	360
2	Craig	Amaya	Navarre	11	180.2	175	185	185	175	135	145	160	145	320
3	Lefountain	Alexis	Ft. Walton	12	180.5	115	120	125	125	115	125	130	130	255
4	Deehr	Yasmine	Crestview	9	179.2	110	115	120	120	100	105	110	105	225
5	Bilderback	Karly	Niceville	12	171.1	65	95	105	105	95	105	105	95	200
6														

199 - Pound Class						Bench Press				Clean and Jerk				
	Last name	First Name	School	Grade	Wt.	1	2	3	Best	1	2	3	Best	Total
1	Jackson	Shailyn	Navarre	11	183.8	160	170	175	175	145	155	160	155	330
2	Joneson	Skyler	Niceville	12	194	135	140	140	140	165	165	170	170	310
3	Griese	Dayjuana	Ft. Walton Beach	10	185.5	140	150	150	140	150	155	165	165	305
4	Hixon	Ashley	Navarre	9	191.8	100	110	115	110	110	120	125	120	230
5														
6														

Unlimited - Pound Class						Bench Press				Clean and Jerk				
	Last name	First Name	School	Grade	Wt.	1	2	3	Best	1	2	3	Best	Total
1	Dyer	Kristen	Navarre	12	246.9	200	215	230	215	155	165	170	165	380
2	Thomas	Tionne	Navarre	11	262.3	195	205	210	205	140	150	155	155	360
3	Siler	Camryn	Crestview	11	243.2	140	145	145	140	135	140	145	145	285
4	Robinson	Emily	Crestview	10	222.6	135	140	140	135	130	135	140	135	270
5	Kaitlyn	Neely	Ft. Walton Beach	12	203.1	125	130	135	135	120	120	125	125	260
6	Boulet	Erin	Ft. Walton Beach	10	273.8	125	130	140	130	120	125	125	120	250