2019-2020 FHSAA Student-Athlete Advisory Committee

Fall Meeting Agenda

Friday October 11, 2019

I. Welcome & Introductions
   • Introduce your neighbor

NSLS Take Away
   • “If you want to experience success on great levels, you have to be willing to face failure”
   • It is important to establish relationships and impact everyone you meet
   • Working as a team is vital
   • No matter how good a game plan you have, it will not be executed correctly if everyone is not on the same page
   • To be a leader you must step out of your comfort zone

II. What is FHSAA?
   a. Structure of the FHSAA
      • Jamie Rohrer overview

III. SAAC Mission Statement
    • Members represent ALL student-athletes in at our member schools

IV. Introduce 2019-2020 Committee Initiatives
    • Promote sportsmanship through spirit competition
    • Increase awareness for team culture and mental health
    • Identify key elements to improve assigned groups
    • The group will provide an analysis of the FHSAA and recommendations

V. FHSAA Hot Topics:
   a. Eligibility and Compliance – Open Enrollment, Athletic Recruiting
Open enrollment allows for students to attend schools outside of their zone if there is an open seat.

Students have noticed athletes leaving their schools to join teams with better athletic programs.

Majority of committee believes the decision to transfer is driven by the individual.

Since open enrollment is allowed, recruiting should not be.

Regulated recruiting would allow for student-athletes to get a feel for college.

Students feel high school sports are unique and special because of the team unity and school spirit, recruiting disrupts the camaraderie.

Recruiting can affect the mental health of students.

b. Athletics – Classifications, MaxPreps Rankings

Kellie Doucette explained the classification process-schools broken down by population.

Reclassify every two years.

MaxPreps does not share their formula but we know it considers the team’s record, opponents’ records, opponents-opponents records, and so on infinitely, and strength of schedule.

FHSAA’s MaxPreps ranking formula does NOT consider margin of victory.

Since this is the first year using MaxPreps rankings, the rankings come from the body of work this year.

MaxPreps rankings do not apply to individual sports.

District tournament is seeded based off regular season games.

Regional tournament is seeded based off regular season and district tournament.

VI. Lunch

VII. Roundtable:

a. Student-Athlete Issues & Concerns

Mental health

1. Time management
   a. Late practices and a lot of homework
   b. AP testing conflicts with practices/contests
c. A lot of time away from school due to travel
d. Sports can help add structure to a schedule
e. The amount of games/practice per week

2. Internal pressures of living up to a standard
(Athlete Image)

3. Role of a Captain
   a. Lonely
   b. Always has to set an example

4. Recognition of all Sports
   a. Football typically gets most recognition, whether they have a winning record or not
   b. Other sports hardly recognized by administration and fans

5. Club v High School Sports
   a. Some clubs prohibit student to play for high school

6. Focusing

7. Balancing priorities for school and sports
   b. Selecting Group Initiatives
      • Recognition of all sports- JaNelle, Jennifer, Mason, Devyn (The Equalizers)
      • Mental health- Zach, Rachel, Akelah, Maizie
      • Athlete image/role of a captain- Maia, Sam, Flynn, Drew
      • Mental & physical health- Connor, Jackson, Nnamdi, Brandon

VIII. Sunshine State Spirit Showdown
      • Schools will submit videos showcasing their school spirit and fanbase
      • Committee will determine the winners in March

IX. Positive Team Culture
      • Mental health is a very broad topic, team culture narrows it down
      • Florida legislation implemented a new requirement of 5 hours of mental health education before graduation, Zach suggested providing an hour or so which would fulfill this requirement
      • A video like the NFHS courses or seminars at schools
      • Videos may not be really effective
X. Open Discussion: Florida Student-Athlete Leadership Seminar

• Topic Ideas
  1. Team Culture
  2. Hot Topics
  3. Refereeing
  4. College Recruitment/Life After High School
     a. How to apply
     b. Pros/cons of playing in college
     c. How to stay in compliance
  5. How to Focus (team and individual self)
  6. Time Management and How to Communicate

• SAAC will have more of an opportunity to present/be involved with Seminar

XI. Individual Goals

• If no student leadership program at school, SAAC members are encouraged to form one
• Organize a volunteer event

XII. Student Volunteer Program

• May volunteer at any FHSAA state championship
• FHSAA will make accommodations
• May go to sectional appeals to see due process
• May attend Board meetings and present on participation in SAAC
• Optional SAAC meeting Feb. 9 & 10.

XIII. Dismissal