



Football Advisory Committee Meeting

Recommendation Form – Agenda Item

Site: FACA Coaches Clinic - Hilton Oceanwalk Resort, Daytona Beach **Date:** 1/10/2019

Rule Reference(s):	Action: x	Discussion:
<p>Item: Offseason player development. Create a 3 week “dead period” after each sport season is complete. Upon completion of the 3 week “dead period” coaches may begin offseason training to include weight room, on field work with a ball and field equipment. The use of helmets, shoulder pads and any other form of protective body equipment is strictly prohibited during the offseason. Offseason training will be limited to 10 hours per calendar week and 2 and a half hours per session. Each sport coach overseeing offseason player development must submit in calendar form the specific workout dates for each month to the FHSAA school representative to be filed and viewed at the request of the FHSAA.</p>		
<p>Background Information: Our students and coaches are being overrun during the offseason with “outside trainers” working with our student athletes. We should encourage our kids to be with our hired coaches and not discourage it. With the 3 week dead period of no contact this will allow kids the opportunity to decide if they would like to participate in other sports. This would help with monitoring offseason activities of our student athletes.</p>		
<p>Recommendation: Let coaches work with their kids, with a ball during the offseason. Competing in a scrimmage or game during the offseason against other teams or schools would be a violation of policy. If schools choose to compete in scrimmages or games against other teams they would have to strictly follow the non-school team policy.</p>		
<p>Rationale: This policy closely mirrors many other southern states. (Kentucky, North Carolina)</p>		
<p>Alternative to Recommendation:</p>		

Committees Voting Summary:

Committee amended to 10 hours per week from 8

Keith Allen motion to approve

Bill Kramer second

Committee voted to approve 7-0

Data Source:

Impact (To be completed by FHSAA Staff):

Frank Beasley

Name of Committee Member

Signature of Committee Member