



# FINALS INFORMATION

## **COACHES MEETING.**

A video presentation of the coaches meeting for the FHSAA Finals will be available online **November 5, 2009**. Each school qualifying a team or individual competitor to the FHSAA Finals must complete the video presentation requirement online by, **Wednesday, November 11, 2009**. Failure to comply may result in a financial penalty.

View Coaches Meeting Here: <http://www.fhsaa.org/sw/>

## **ADDRESS.**

Central Florida YMCA Aquatic Center, 8422 International Drive, Orlando, FL 32819

## **PARTICIPANT PASSES.**

- 1-5 participants – 1 head coach
- 6 + participants – 1 head coach and one assistant coach
- 1 + divers – 1 diving coach

## **WARM UP TIMES.**

The following are practice and warm-up times for Thursday, Friday, and Saturday at the Central Florida YMCA Aquatic Complex in Orlando.

## **THURSDAY, NOVEMBER 12 - SATURDAY, NOVEMBER 11, 2009**

### **ALL SCHOOLS**

Head Coach Online Finals Meeting—All head coaches are required to watch the online video and complete the verification form for credit and attendance at the coaches meeting prior to attending the FHSAA Finals. Any additional questions may be presented at Check-in on your respective date.

## **WEDNESDAY, NOVEMBER 11, 2009**

### **2A SCHOOLS**

Practice for Swimmers 5:00-7:30 pm  
Practice for Divers 7:00-8:30 pm  
Coaches Check-in 5:00-7:30 pm

## **THURSDAY, NOVEMBER 12, 2009**

### **2A SCHOOLS ONLY**--Warm-up for Swimmers & Boys Diving 7:30-8:45 am

Preliminaries & Boys Diving Begins 9:00 am  
Girls Diving Warm-up noon-2:00 pm  
Girls Diving Begins 2:00 pm  
Warm-up for Swimming Finals 4:00-5:15 pm  
Finals Begin 5:30 pm

3A SCHOOLS ONLY--Practice & Coaches Check-In 1:00-3:30 pm  
Diving Practice will be after the Girls competition  
~Practice for Divers 7:00-9:00 pm

**FRIDAY, NOVEMBER 13, 2009**

3A SCHOOLS ONLY--Warm-up for Swimmers & Boys Diving 7:30-8:45 am  
Preliminaries & Boys Diving Begins 9:00 am  
Girls Diving Warm-up noon-2:00 pm  
Girls Diving Begins 2:00 pm  
Warm-up for Swimming Finals 4:00-5:15 pm  
Finals Begin 5:30 pm

1A SCHOOLS ONLY--Practice & Coaches Check-In 1:00-3:30 pm  
Diving Practice will be after the Girls competition  
~Practice for Divers 7:00-9:00 pm

**SATURDAY, NOVEMBER 14, 2009**

1A SCHOOLS ONLY--Warm-up for Swimmers & Boys Diving 7:30-8:45 am  
Preliminaries & Boys Diving Begins 9:00 am  
Girls Diving Warm-up noon-2:00 pm  
Girls Diving Begins 2:00 pm  
Warm-up for Swimming Finals 4:00-5:15 pm  
Finals Begin 5:30 pm

**\*\*\*Please check the FHSAA web site for any changes and Hotel/Motel information! \*\*\***





2009 FHSAA SWIMMING AND DIVING FINALS
YMCA AQUATIC AND FAMILY CENTER

Florida's top high school swimmers and divers are once again coming to Central Florida to participate in the 2009 FHSAA Swimming and Diving Finals, hosted by the YMCA Aquatic Center, Lake Highland Prep and the Central Florida Sports Commission.

We need your help!

The three-day competition is scheduled for November 12th-14th, 2009. Volunteers are needed to serve as media runners and timers. These volunteers would be responsible for making copies, posting results, and recording swimmers time with a stopwatch. In addition to lunch, all volunteers will receive a shirt and access to the deck area, which is closed to all spectators during the event.

In order to effectively plan our volunteer capabilities for this popular event, I have enclosed a volunteer signup sheet. For those interested in volunteering for this event, please complete the checklist and email or fax it back as soon as possible. Due to the tremendous interest, areas fill up quickly.

If you have any questions or need more information, please contact Gay Wright at 407-432-9447.

Once we have received your completed form, someone from our office will call to confirm your participation. Approximately two (2) weeks before the event, we will send you more detailed information as it relates to parking, attire and food.

(Please check the dates and times you are available to volunteer.)

Thursday, November 12th

- 8:30am - 2:00pm
4:30pm - 8:30pm

Friday, November 13th

- 8:30am - 2:00pm
4:30pm - 8:30pm

Saturday, November 14th

- 8:30am - 2:00pm
4:30pm - 8:30pm

\* Volunteer areas are limited, so return your completed form as soon as possible. Volunteer areas will be filled on a first come, first serve basis.

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Work Phone: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Fax: \_\_\_\_\_

Men's Shirt Size: \_\_\_\_\_

Women's Shirt Size \_\_\_\_\_

Please email or fax this form to Gay Wright. Email: wrqhtrus@bellsouth.net or Fax: 407-855-8261

On the behalf of the YMCA Aquatic Center and Central Florida Sports Commission, thank you for all your support!

## **2009 FHSAA Swimming and Diving Finals Relay Card Procedures**

- Preliminary relay cards will be picked up in the Clerk of Course office.
- The Clerk of Course office is located on the pool deck level behind the starting area of the competition course. The office is marked with a sign Clerk of Course.
- Please mark relay cards with the names of the swimmers in the order that they will swim in the event. Please note that names are listed left to right – then top to bottom.
- You may list up to 4 alternates in position 5-8 on the card. In order for a swimmer to be eligible to compete in the finals of a relay, they must be listed in some position on the preliminary relay card.
- You may make changes to a relay card until the start of the race. If you make a change, please be sure it is legible.
- The lead-off swimmer for each relay will present the completed relay card to the lane timer at the time of the swim.
- The top 16 relays qualify for finals.
- A new set of relay cards will be made for each relay that qualifies for finals.
- The names of each athlete that was listed on the preliminary card will be listed on the finals card.
- If you notice that an athlete is missing, please notify the Administrative Referee immediately.
- Only athletes who are listed on a relay card are eligible for use in the finals relay.
- Annotate the athletes names in the order that they will swim by placing a 1,2,3,4 next to the athletes who will swim in finals.
- You may make changes to the order on a relay card until the start of the race. If you make a change, please be sure it is legible.
- The lead-off swimmer for each relay will present the completed relay card to the lane timer at the time of the swim.
- Please refer to the attachment for examples of correctly and incorrectly completed relay cards.
- The penalty for not turning in a relay card or turning a relay card in that is incomplete, or incorrect is disqualification for the relay.



# Economic Survey

Please submit at time of registration

1. Team Name: \_\_\_\_\_
2. School Address: \_\_\_\_\_
3. Team Information:
  - a. # of Participants in Attendance \_\_\_\_\_
  - b. # of Coaches in Attendance \_\_\_\_\_
  - c. # of School Administration in Attendance \_\_\_\_\_
  - d. # of Projected Fans Expected to Attend \_\_\_\_\_
4. Hotel Information:
  - a. Hotel Name: \_\_\_\_\_
  - b. Address: \_\_\_\_\_
  - c. # of Rooms Booked for: \_\_\_\_\_ Participants \_\_\_\_\_ Coaches/Administration \_\_\_\_\_ Fans
  - d. Number of Nights: \_\_\_\_\_ Participants \_\_\_\_\_ Coaches/Administration \_\_\_\_\_ Fans
  - e. How did you choose your hotel? \_\_\_\_\_ Participant Manual/FHSAA Website  
\_\_\_\_\_ Internet \_\_\_\_\_ Word of Mouth \_\_\_\_\_ Other
5. Does your team have a per diem per meal? If yes, what is the per diem per meal?
  - a. Breakfast \_\_\_\_\_
  - b. Lunch \_\_\_\_\_
  - c. Dinner \_\_\_\_\_
6. How many times do you anticipate your team eating out for the following meals?
  - a. Breakfast \_\_\_\_\_
  - b. Lunch \_\_\_\_\_
  - c. Dinner \_\_\_\_\_
7. Does your team plan to visit any area attractions/theme parks while in town?
  - a. Yes \_\_\_\_\_ b. No \_\_\_\_\_

If so, which ones? \_\_\_\_\_

**Thank you for taking the time to complete this survey!**

# Example Relay Sheet

FHSAA - A District 1 - 10/20/2006

Event 1 Girls 200 Yard Medley Relay - Prelims Heat: 1 Lane: 4

Northview (Bratt)

- |                  |                    |
|------------------|--------------------|
| 1) <u>Kathy</u>  | 2) <u>Diaz</u>     |
| 3) <u>Debbay</u> | 4) <u>Albert</u>   |
| 5) <u>Liz</u>    | 6) <u>Jones</u>    |
| 7) <u>Sarah</u>  | 8) <u>Williams</u> |

**NO GOOD** ↓  
**Just First Names or Last Names not acceptable**

T1 \_\_\_:\_\_\_:\_\_\_ T2 \_\_\_:\_\_\_:\_\_\_ T3 \_\_\_:\_\_\_:\_\_\_ Official Time \_\_\_:\_\_\_:\_\_\_

FHSAA - A District 1 - 10/20/2006

Event 1 Girls 200 Yard Medley Relay - Prelims Heat: 1 Lane: 4

Northview (Bratt)

- |                        |                           |
|------------------------|---------------------------|
| 1) <u>Allen, Kathy</u> | 2) <u>Diaz, Darleen</u>   |
| 3) <u>Diaz, Debby</u>  | 4) <u>Albert, Morgan</u>  |
| 5) <u>Ling, Liz</u>    | 6) <u>Jones, Brittany</u> |
| 7) <u>Smith, Sarah</u> | 8) <u>Williams, Debby</u> |

**Correct Prelim Relay Card**

T1 \_\_\_:\_\_\_:\_\_\_ T2 \_\_\_:\_\_\_:\_\_\_ T3 \_\_\_:\_\_\_:\_\_\_ Official Time \_\_\_:\_\_\_:\_\_\_

FHSAA - A District 1 - 10/20/2006

Event 1 Girls 200 Yard Medley Relay - Finals Heat: 1 Lane: 4

Northview (Bratt)

- |                    |                       |
|--------------------|-----------------------|
| 1) Allen, Kathy 9  | 2) Diaz, Darleen 12 ① |
| 3) Diaz, Debby 12  | 4) Albert, Morgan 11  |
| 5) Ling, Liz 12 ②  | 6) Jones, Brittany 10 |
| 7) Smith, Sarah 11 | 8) Williams, Debby 10 |

**NO GOOD** ↓  
**Unclear Finals Relay order**

T1 \_\_\_:\_\_\_:\_\_\_ T2 \_\_\_:\_\_\_:\_\_\_ T3 \_\_\_:\_\_\_:\_\_\_ Official Time \_\_\_:\_\_\_:\_\_\_

FHSAA - A District 1 - 10/20/2006

Event 1 Girls 200 Yard Medley Relay - Finals Heat: 1 Lane: 4

Northview (Bratt)

- |                    |                         |
|--------------------|-------------------------|
| 1) Allen, Kathy 9  | ① 2) Diaz, Darleen 12   |
| 3) Diaz, Debby 12  | 4) Albert, Morgan 11    |
| ② 5) Ling, Liz 12  | ③ 6) Jones, Brittany 10 |
| 7) Smith, Sarah 11 | ④ 8) Williams, Debby 10 |

**Correct Finals Relay Card**

T1 \_\_\_:\_\_\_:\_\_\_ T2 \_\_\_:\_\_\_:\_\_\_ T3 \_\_\_:\_\_\_:\_\_\_ Official Time \_\_\_:\_\_\_:\_\_\_

## **General Driving Directions from both North and South Florida.**

\*\*\*Please be sure to check your local area maps and/or GPS information for the most accurate driving directions. \*\*\*

### **Address Used:**

Central Florida YMCA Aquatic Center, 8422 International Drive, Orlando, FL 32819  
Telephone Number: 407.363.1911

### **Traveling from North Florida to I-75 South**

Merge onto I-75 S via the ramp to Tampa

Slight left at Florida's Turnpike S (signs for Orlando/Florida's Turnpike)

Toll road - 42.2 mi

Take exit 265 for State Hwy 408 E toward Orlando/Titusville Toll road - 0.9 mi

Merge onto SR-408 E Toll road - 8.7 mi

Take exit 10B to merge onto I-4 E toward Daytona Beach - 1.5 mi

Take exit 83B for State Hwy 50/Amelia St/US-92 toward US-17 - 0.3 mi

Merge onto N Garland Ave - 0.2 mi

Turn right at W Colonial Dr/SR-50/US-17/US-92

### **Traveling from South Florida to I-95 North**

I-95 N and merge onto I-95 N

Take exit 12A on the left for Florida's Turnpike/State Hwy 826 W - 0.8 mi

Keep left at the fork to continue toward Florida's Turnpike N/SR-91 and merge onto Florida's Turnpike N/SR-91

Toll road - 216 mi

Take exit 259 for I-4 toward Tampa/Orlando Toll road - 0.4 mi

Keep right at the fork to continue toward I-4 E Toll road - 262 ft

Keep right at the fork, follow signs for I-4 E/Orlando and merge onto I-4 E Partial toll road - 6.8 mi

Take exit 83B for State Hwy 50/Amelia St/US-92 toward US-17 - 0.3 mi

Merge onto N Garland Ave - 0.2 mi

Turn right at W Colonial Dr/SR-50/US-17/US-92

### **Lodging:**

• List of participating hotels: <http://www.fhsaa.org/sw/accom.pdf>. (PDF, 382 K; provided by host organization)