



## 2011-12 WRESTLING RULES PRESENTATION AGENDA

**Note:** See below for NFHS Case Book Situations

1. **Introductions** Structure of the FHSAA: Board of Directors, Coaches & Officials Advisory Committees
2. **FHSAA Publications/Communication**
  - A. *FHSAA Handbook: Wrestling Procedures*
  - B. FHSAA Website: [fhsaa.org](http://fhsaa.org)  
*Coaches' Folder*, State Series Brackets, "Classifieds" and more
  - C. *FHSAA Planning Calendar*
  - D. *Member School Directory*: available "Online"
  - E. *Record Book* "Online" only
  - F. *Officials Guidebook*
  - G. NFHS Website: [nfhs.org](http://nfhs.org)
3. **Health and Safety Reminders**
  - A. Physical Exam & Parental Permission Form  
Valid for 365 days and required before student-athlete starts conditioning and/or practice
  - B. Skin Condition Exam Form: **WR2**
  - C. Concussion Action Plan (CAP) on FHSAA website "Health & Wellness"
4. **Schools' Responsibilities**
  - A. Eligibility: **C2C Schools** required; Request for ruling (**Form EL10**)
  - B. Game Contracts
    1. Check to make sure that a contract is on file for each match/tournament
    2. List any additional terms on contracts, must be signed by both FHSAA representatives
5. **Player, Coach and Officials Conduct**
  - A. Exemplary Sportsmanship: Reports/Award Nominations (**Form AT7**)
  - B. Unsportsmanlike Conduct - FHSAA Bylaws
  - C. Player Ejection
  - D. Coach Ejection—FINANCIAL PENALTIES
    - 1) COACH WILL MISS SAME NUMBER OF MATCHES AS WRESTER
    - 2) School fine schedule in *FHSAA Handbook*
  - E. Written conduct reports on ejections, forfeitures and suspended matches shall be submitted by the Referee via email (**AT6** form) to the FHSAA Office within 24 hours of incident
6. **Officials - Registration / Ranking Procedures**
  - A. Registration: May be done **online**. Address can be updated **online**
  - B. Independent Contractors: State Statute, Contracts, Rules Interpretation
  - C. Field Clinic: Required (once every 3 years) for state tournament assignment
  - D. Website to Recruit Officials: [www.becomeanofficial.org](http://www.becomeanofficial.org)
7. **National Federation Publications/Associations**
  - A. Rules Book, Case Book & Manual (officials): see [www.nfhs.org](http://www.nfhs.org) for updated information
  - B. *NFHS Officials/Coaches Quarterly*: benefit of NFHS membership
8. **NWCA Internet Based Optimal Performance Calculator**
  - A. All schools must join NWCA in order to participate in this program: deadline **October 24**.  
NO ACTION NEEDED for membership: **\$30/school** will be billed to schools to pay NWCA fee.
  - B. Must use NWCA **Pre-Match Weigh-in Form** for weigh-ins
  - C. Medical professionals needed to be wrestling assessors: See FHSAA web site for details
9. **Minimum Certified Weight Class Procedure**
  - A. All weigh-ins shall be conducted by an FHSAA registered official



- B. NWCA Pre-Match Weigh-in Form **REQUIRED** for every competition (**NFHS Rule 1-2-5**)
  - C. Wrestler's actual weight written next to his/her name on Pre-match Form; entered into database
  - D. Requires signature of both coaches and the referee
10. 9. **Coaches' Responsibilities**
- A. Responsible for having all wrestlers assessed by an FHSAA approved assessor prior to competition
  - B. Health & Safety
    - 1. **Required Form (WR2) good for 7 days:** Must use current form from website
    - 2. Communicable Disease & Skin Infection Procedures in **NFHS Wrestling Rules Book**
    - 3. Growth Allowance: additional 2 pounds begins December 26th
  - C. Team/Practice Regulations
    - 1. Regular Season: **18** meets
    - 2. Practice prior to competing: 10 or 5 (if fall sport)
    - 3. NWCA Optimal Performance Calculator assessment **required prior to competing in regular season**
  - D. Multi-School Event Sanction(s): "Sanction fee"
    - 1. Either of two formats acceptable (Individually bracket tournament [IBT] **or** dual team tournament)
    - 2. Pre-Season Classics: Week of November 7-12 (**Form AT2**)
    - 3. All invitational tournaments must be sanctioned by the FHSAA Office at least 30 days in advance or late filing penalty. (**Form AT2**)
    - 4. JV IBT allowed multiple entries
    - 5. Dual team tournaments: 4-4-2 applies
    - 6. Weigh-in procedure changes for multi-school events
    - 7. Time Constraints: No match **after 10 p.m. and minimum 10 hours** between last match and weigh in the following day.
  - E. District Planning Meetings: October 17-20, 2011
  - F. Region host schools on web site: **fhsaa.org** (application form for 2012 on FHSAA web site)
11. **State Series Information**
- A. District Entry List to Host
    - 1) **Due January 23, 2012 (Coach must verify/sign list)**
    - 2) Complete via C2C Schools and forward to district host school
  - B. State Tournament, *FHSAA Wrestling Finals @ The Lakeland Center, Feb. 17-18 (2 DAYS)*
  - C. Russ Mauger Mental Attitude Award
12. **2011-12 National Federation Rules Changes:** FHSAA adoptions and modifications.
13. **Conclusion/Attendance:** Complete "attendance questions" **CORRECTLY** to receive credit.



### **2011-12 NFHS Wrestling Case Book References**

- 1) Rule 3-1-3, Case Book Situation 3.1.3B (page 10)
- 2) Rule 6-2-2, Case Book Situations 6.2.2A-B (page 33)
- 3) Rule 7-1-5r, Case Book Situation 7.1.5F, I (page 45)
- 4) Rule 8-2-1c, Case Book Situations 8.2.1F (pages 57-58)
- 5) Rule 11-1-4, Case Book Situation 11.1.4 (page 67)
- 6) Rule 11-1-5, Case Book Situation 11.1.5 (page 67)
- 7) Rule 11-2-1, Case Book Situation 11.2.1 (page 67)
- 8) Rule 11-2-2, Case Book Situations 11.2.2A-B (pages 67-68)

### **Rules Reminders**

- 9) Rule 1-1-3, Case Book Situation 1.1.3 (page 6)
- 10) Rule 4-2-6, Case Book Situation 4.2.6 (pages 16-17)
- 11) Rule 4-5-7, Case Book Situation 4.5.7 (pages 22-23)
- 12) Rule 5-19-7, 8, Case Book Situations 5.19.7 & 5.19.9 (page 31)
- 13) Rule 5-19-9, Case Book Situations 5.19.5D & 5.19.9 (pages 30-31)
- 14) Rule 7-3-1, Case Book Situations 7.3.1A-E (pages 46-47)
- 15) Rule 1-4, Case Book Situation 1.4.2 (pages 7-8)
- 16) Rule 7-5-3, Case Book Situation 7.5.3 (page 51)

